ECS over EKS explains why

ECS- Ease of use and AWS native  
Operational Overhead – Very low (no master/ node management)  
Cost Transparency – Simpler pricing  
Ideal for – Fast deployment, simpler apps

Whereas EKS:

EKS – Steeper learning curve required   
Operational Overhead- Requires setup and management  
Cost Transparency- More moving parts (cluster, nodes, data etc)  
Ideal for – Complex, multi team or hybrid/multi-cloud setups

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